

# BRUNCH

ALFIES

AT THE ASHE

## Alfie's Full Breakfast €14

Grilled bacon & sausages, black & white Sneem pudding, grilled cherry vine tomatoes, hash brown, baked beans, fried egg, brown or white toast.

Served with a choice of tea or coffee ( 1 ( wheat/barley ) 4,7,11,14 )

## Smaller full breakfast, as delicious as the full, it's just a little smaller €10

## Classic Mushrooms on Sourdough €11

Mushrooms & baby spinach flashed in garlic butter with a grainy honey mustard cream sauce. Served on sourdough & topped with sumptuous melted brie ( 1 ( wheat ) 4,11 )

**Top with a poached egg ? add €2 ( 7 )**

## Classic French Toast €10

Two vanilla scented slices of brioche with maple syrup & cinnamon ( 1 ( wheat ) 4,7,14 )

**Add crispy bacon €3 ( 13,14 )**

## Alfie's Freshly Made Buttermilk Pancakes €10

Served with seasonal mixed berries & maple syrup or Nutella ( 1 ( wheat ) 3 ( hazelnuts ) 4,7 )

**Add crispy bacon €3 ( 14 )**

## Alfie's Style Eggs Benedict €11

Poached eggs on bloomer toast with wilted baby spinach & grilled smoked bacon, finished with a chive hollandaise sauce ( 1 ( wheat ) 4,7,14 )

**Make it Royale with Kenmare Bay smoked salmon €3.50 ( 8 )**

## Avocado on Sourdough €12

Smashed avocado, poached egg, pumpkin seeds, goji berries, honey mustard dressing ( 1 ( wheat ) 4,7,11,14 )

**Add 'Toonsbridge Halloumi €3 | Add Vegan Feta €3**

## Toonsbridge Halloumi €12

Crushed avocado, tomato salsa, hash brown potato & almond pesto on sourdough ( 1 ( wheat ) 3 ( almond ) 4,11,14 )

## 3 Egg Omelette €13

Baby spinach, ham, onions & cheddar cheese, served with country style relish & slow roasted cherry vine tomatoes ( 4,7,11,13 )

## Classic Eggs on Toast €10

Eggs your favourite way: scrambled, poached, fried or boiled, served with toasted bloomer ( 1 ( wheat ) 4,7 )

## Creamy Porridge €5

With chia seeds, honey & berry compote ( 1 ( wheat / oats ) 4,14 )

## Fruit Salad €5 ( 4 )

With creamy yoghurt

## Yoghurt & Granola Pot €5 ( 1 ( wheat/oats ) 4,12,14 )

## Side Dishes

Sausages €2 ( 1a,13,14 ) Bacon €3 ( 13,14 ) Avocado or Smoked Salmon €3.50 ( 8 )

## ALLERGEN GUIDE

1.Cereal 2.Peanuts 3.Nuts 4.Milk 5.Crustaceans 6.Mollusc  
7.Eggs 8.Fish 9.Celery 10.Lupin 11.Mustard 12.Sesame Seeds 13.Soya 14.Sulphar Dioxide

