

lunch



AT THE ASHE

# brunch dishes

### classic mushrooms on toast €8.50 (1a,1b,4,11,13)

mushrooms & baby spinach cooked in a chive, garlic & grainy mustard cream sauce, served on Bàcùs sourdough toast & topped with sumptuous melted brie. Why not top with a poached egg? add €1 (7)

### alfies style eggs benedict €9 (1a,4,7,13,14)

poached eggs on toasted bloomer bread with wilted baby spinach & grilled smoked bacon, finished with a chive hollandaise sauce

### alfies smashed avocado €8.50 (1a,1b,1c,7,11,13)

served on toasted Bàcùs sourdough, topped with soft poached eggs served with Ballymaloe tomato relish & chilli sea salt

# light bites

# chef's homemade soup of the day €5 (4,9,11,13)(GF)

served with our own artisan bread (1a,1d,4,7,12,13)

#### Kenmare Bay seafood & shellfish chowder €8 (4,5,6,8,9,13,14)

served with our own artisan bread (1a,1d,4,7,12,13)

### **pil pil king prawns €9.50** (1a,4,5,7,13)

succulent plump prawns sauteed in homemade pil pil sauce with lemon & scallions, served with garlic scented crusty bloomer bread for tearing & dipping

served as a main with skinny fries €16.50

### sticky texan bbq pork spare ribs €9 (1a,1c,4,7,11,13)

served with Alfie's homemade red cabbage slaw, toasted rosemary & sea salt flatbread

served as a main with Alfies salad & skinny fries €16

### bluebell falls goats cheese €8.50

(1a,4,7,11,12,13,14)(V)

delicious panko breaded Bluebell Falls goats cheese with beet carpaccio, cherry tomatos & baby leaves salad, beetroot aioli & basil croute, topped with mixed seeds & a balsamic reduction

served as a main course with skinny fries €14.50

#### alfies vegan summer Asian vegetable rolls €8.50 (11,12,13)

a delicious selection of summer vegetables wrapped in rice wraps, served with wasabi mayonnaise, sweet chilli and coriander sauce

# salads

### classic caesar salad €11 (1a,1c,4,7,11,13,14)

cos leaves, toasted herb croutons, crispy bacon lardons, parmesan shavings & chef's caesar dressing Add Chicken (9) +€2.50 Add Prawns (5) +€5

#### **superfood salad €12.50** (4,11,13) (V) (GF)

packed full of the good stuff, fluffy trio of quinoa, broccoli florets, baby spinach, roasted beetroot, avocado, red cabbage, mango & toasted almonds with a basil pesto dressing & grilled halloumi cheese Add Cajun Chicken (9) +€2.50 Add Prawns (5) +€5

# sandwiches

### alfies toastie €9 (1a,1c,4,7,11,13)

a classic, with baked ham, mature cheddar, onion, tomato & country style tomato relish with skinny fries & your choice of crusty bloomer or white or brown loaf

#### the blat €10 (1a,1b,1c,7,11,13,14)

crispy bacon, fresh lettuce, smashed avocado & tomato, with garlic & chive mayonnaise on ciabatta bread, served with skinny fries

#### harrisa chicken and mozzarella wrap €10.50 (1a,1c,4,7,9,11,13)

harrisa scented chicken with baby spinach, ripened tomato, red onion and melted mozzarella cheese, served with alfies salad & skinny fries

### bbq pulled beef brisket bap €11.50 (1a,3a,7,11,13)

with rocket leaves, gherkins & red cabbage slaw, served with Alfies salad & skinny fries

# main dishes

### alfies house burger €17 (1a,4,7,11,12,13,14)

Grilled 8oz Irish beef burger with lettuce, tomato & crispy fried onions topped with streaky bacon & Knockanore oak smoked cheddar cheese, harrisa & gherkins mayo in a toasted seeded bap with skinny fries.

#### alfies steak sandwich €17.50 (1a,1b,1c,4,11,13)

locally sourced 6oz Irish sirloin steak with sautéed onions & button mushrooms, cheddar cheese & garlic butter on toasted ciabatta bread with skinny fries

### **traditional fish n chips €17** (1a,4,7,8,11,13,14)

fresh fillet of Castletownbere cod, golden fried in craft ale batter with house tartar sauce, minted peas, curry sauce & chunky fries

### beer battered scampi €16 (1a,1c,5,7,11,13,14)

coldwater prawns in a light tempura batter with alfies homemade red cabbage slaw & skinny fries served with tangy lemon, chilli & dill aioli

### alfies vegan lasagne €13.50 (1a,9,11,13) (V)

aubergine & courgette lasagne, served with sweet potato fries & Alfies style salad

### teriyaki, ginger & chilli stir fry €13.50 (1a,1c,12,13) (V)

wok charred bell peppers, snow peas, broccoli & scallions, tossed in soft udon noodles & finished with toasted sesame seeds

add chicken (9) +€2.50 add beef +€3.50 add prawns (5) +€5

# side dishes

Chunky Chips	€3.75 ( 1a,13 )
Creamy Mashed Potato	.€3.75 (4)
Garden Leaf Salad	€3.75 ( 11,13 )
Buttered Vegetables	€3.75 (4)
Crispy Fried Onion Rings	€3.75 ( 1a,13 )
Garlic Bread.	€3.75 ( 1a,4,7,11,13 )
Sweet Potato Fries	€4.00 (1a,13 )
Skinny Fries	€3.75 ( 1a,13 )
Red Cabbage Slaw	€2.00 ( 7,11 )