

# ALFIES

AT THE ASHE

## brunch

### alfies's full breakfast €11

grilled bacon & sausages, black & white Annascaul pudding, grilled cherry vine tomatoes, hash brown, baked beans, fried egg, brown or white toast.

served with a choice of tea or coffee (1a,1c,1d,4,7,11,13,14)

**smaller full breakfast, as delicious as the full, it's just a little smaller €8**

### classic mushrooms on toast €8

mushrooms & baby spinach cooked in a chive, garlic & a grainy mustard cream sauce. served on Bàcùs sourdough toast & topped with sumptuous melted Brie (1a,1b,4,11,13)

**Top with a poached egg? add €1 (7)**

### classic French toast €8.50

two vanilla scented slices of banana bread with maple syrup & cinnamon, served with a seasonal berry compote

**Add crispy bacon €2 (13,14)**

### alfie's freshly made buttermilk pancakes €8

served with seasonal mixed berries & your choice of Nutella, maple syrup or berry compote (1a,3d,4,7,13)

**Add crispy bacon €2 (13,14)**

### alfie's style eggs benedict €9

poached eggs on toasted bloomer bread with wilted baby spinach & grilled smoked bacon, finished with a chive hollandaise sauce (1a,4,7,13,14)

### alfie's smashed avocado €8.50

served on toasted sourdough, topped with soft poached eggs, served with Ballymaloe tomato relish & chilli sea salt (1a,1b,7,11,13)

### vegan Bàcùs sourdough tasty toast €8

topped with peanut butter, blueberries & banana, finished with toasted almonds, flax seeds & maple syrup (1a,1b,2,3a,13)

### slim & healthy fluffy egg white omelette €9

baby spinach, ham, onions, mushrooms & crumbed feta cheese, served with country style relish and slow roasted cherry vine tomatoes (4,7,11,13)

### classic eggs on toast €7

eggs your favourite way: scrambled, poached, fried or boiled. served with bloomer bread (1a,4,7,13)

### sides

Sausages (1a,13,14) Bacon (13,14), Avocado or Smoked Salmon (8) €2 each

### ALLERGEN GUIDE

1.Cereal 1a.Wheat 1b. Rye 1c.Barley 1d.Oats 2.Peanuts 3.Nuts 3a.Almonds 3b.Brazil Nuts 3c.Cashews 3d.Hazelnuts 3e.Macadamia 3f.Pecan 3g.Pistachio. 3h.Walnuts 4.Milk 5.Crustaceans 6.Mollusc 7.Eggs 8.Fish 9.Celery 10.Lupin 11.Mustard 12.Sesame Seeds 13.Soya 14.Sulphar Dioxide