

lunch

brunch/light bites

alfies style eggs benedict €9 (1a,4,7,13,14)

Poached eggs on toasted bloomer bread with wilted baby spinach & grilled bacon, finished with a chive hollandaise sauce

alfies smashed avocado €8.50 (1a,1b,1c,7,11,13)

Served on toasted sourdough, topped with soft poached eggs served with country style tomato relish, pomegranate pearls & chilli sea salt.

classic mushrooms on toast €8 (1a,1b,4,11,13)

Forest mushrooms & baby spinach cooked in a chive, garlic & a grainy mustard cream sauce, served on Bâcus sourdough toast & topped with sumptuous melted brie. Why not top with a poached egg? add €1 (7)

chef's homemade soup of the day €5

(4,9,11,13) (GF)

Served with our own artisan bread (1a,1d,4,7,12,13)

kenmare bay seafood & shellfish chowder €8

(4,5,6,8,9,13,14)

Served with our own artisan bread (1a,1d,4,7,12,13)

pil pil king prawns €9.95 (1a,4,5,7,13)

Succulent plump prawns sauteed in homemade pil pil sauce with lemon & scallion served with garlic scented crusty bloomer bread for tearing & dipping

Served as a main with skinny fries €16.50

sticky texan bbq pork spare ribs €9 (1a,1c,4,7,11,13)

Served as a main with Alfies salad & skinny fries €16

Served with Alfie's homemade coleslaw, toasted rosemary & sea salt flatbread

bluebell falls goats cheese €8.50

(1a,4,7,11,12,13,14) (V)

Delicious panko breaded Bluebell Falls goats cheese with beet carpaccio, cherry tomato & red cabbage salad, beetroot aioli & basil croute topped with mixed seeds & balsamic reduction

Served as a main course with skinny fries €14.50

salads

classic caesar salad €11 (1a,1c,4,7,11,13,14)

Cos leaves, toasted croutons, bacon lardons, parmesan shavings & chef's house dressing

Add Chicken (9) +€2.50 Add Prawns (5) +€5

warm thai beef salad €16 (1c,7,9,11,12,13)

Juicy, warm chilli scented sirloin strips tossed with snow peas, asian slaw & charred bell pepper, finished with sesame seeds, drizzled with creamy lime & harrisa ranch dressing.

superfood salad €12.50 (4,11,13) (V) (GF)

Packed full of the good stuff, fluffy trio of quinoa, broccoli florets, baby spinach, roasted beetroot, avocado, cured sweet potatoes, red cabbage & blood orange with a green goddess dressing & crumbled feta cheese.

Add Cajun Chicken (9) +€2.50 Add Prawns (5) +€5

grilled halloumi salad €14 (1a,4,9,11,12,13)

Sesame seeds crusted grilled Halloumi cheese on the bed of cous cous tossed with sun dried tomatoes, spiced courgettes, olives, baby spinach & fine herbs finished with fresh basil pesto & pomegranate pearls.

Add Cajun Chicken (9) +€2.50

sandwiches

alfies toastie €9 (1a,1c,4,7,11,13)

A classic, with rosemary baked ham, mature cheddar, onion, tomato & country style tomato relish with skinny fries & your choice of crusty bloomer or white loaf

the blat €9.95 (1a,1b,1c,7,11,13,14)

Crispy bacon, fresh lettuce, smashed avocado & tomato, with garlic & chive mayonnaise on ciabatta bread, served with skinny fries

cajun chicken and brie wrap €10.25

(1a,1c,4,7,9,11,13)

With baby spinach, red bell pepper & red onion, sweet chilli & lemon mayonnaise, served with lightly spiced tomato salsa and skinny fries

bbq pulled beef brisket bap €12.50 (1a,3a,7,11,13)

With roasted red bell pepper, gherkins & creamy red cabbage slaw served with skinny fries & Ashe style salad.

main dishes

teriyaki, ginger & chilli stir fry €13.50

(1a,1c,12,13) (V)

Wok charred bell peppers, snow peas, broccoli & scallions, tossed in soft udon noodles & finished with toasted sesame seeds

Add chicken +€2.50 add beef +€3.50 add prawn (5) +€5

alfies house burger €17 (1a,4,7,11,12,13,14)

Grilled 8oz Irish beef burger with lettuce, tomato & crispy fried onions topped with streaky bacon & Knockanore oak smoked cheddar cheese, harrisa & gherkins mayo in a toasted seeded bap with skinny fries.

traditional fish n chips €17 (1a,4,7,8,11,13,14)

Fresh fillet of Castletownbere cod, golden fried in craft ale batter with house tartar sauce, minted peas, curry sauce & chunky fries

alfies special steak sandwich €17.50 (1a,1b,1c,4,11,13)

6oz Irish sirloin steak with sautéed onions & button mushrooms, cheddar cheese & garlic butter on toasted ciabatta bread with skinny fries

beer battered scampi €16 (1a,1c,5,7,11,13,14)

Fresh water king prawns in a light tempura batter with Asian style slaw & skinny fries served with tangy lemon, chilli & dill aioli

rigatoni vegetable pasta €13.50 (1a,4,7,9,11,13) (v)

With grilled light spiced courgette, snow peas, baby spinach & broccoli florets tossed in sage & butternut squash creamy sauce finished with mozzarella pearls and garlic scented croute.

sides

Chunky Chips.....€3.75 (1a,13)

Creamy Mashed Potato.....€3.75 (4)

Garden Leaf Salad.....€3.75 (11,13)

Buttered Vegetables.....€3.75 (4)

Crispy Fried Onion Rings.....€3.75 (1a,13)

Garlic Bread.....€3.75 (1a,4,7,11,13)

Sweet Potato Fries.....€4.00 (1a,13)

Skinny Fries.....€3.75 (1a,13)

Coleslaw.....€2.00 (7,11)

ALLERGEN GUIDE

1.Cereal 1a.Wheat 1b. Rye 1c.Barley 1d.Oats 2.Peanuts 3.Nuts 3a.Almonds 3b.Brazil Nuts 3c.Cashews 3d.Hazelnuts 3e.Macadamia 3f.Pecan 3g.Pistachio, 3h.Walnuts 4.Milk 5.Crustaceans 6.Mollusc 7.Eggs 8.Fish 9.Celery 10.Lupin 11.Mustard 12.Sesame Seeds 13.Soya 14.Sulphur Dioxide